

## Fish Oil OmegaGuard by Shaklee

### **Description**

#### **OmegaGuard**

First: We will hear the American Heart Association recommendations

Next: What is OmegaGuard and do I need it Followed by: The Shaklee Difference

Concluding with: How does it work?

According to the Centers for Disease Control and the American Heart Association (AHA), heart disease ? specifically coronary artery disease ? is still the number one cause of death of men and women in the United States. And while it was once considered a man's disease, today more women than men die from heart disease. And unfortunately, at least 100 million Americans have one or more risk factors for heart disease. To reduce the risk of heart disease, the AHA recommends eating two servings of fish rich in omega-3 fatty acids each week. But most Americans eat fish only three times per month or less. Moreover, there are growing concerns about unsafe levels of contaminants such as mercury and lead that are now commonly found in many fish.

Ultra-pure OmegaGuard, the world's finest fish oil that delivers a full spectrum of 7 omega-3s including EPA, DHA, ALA, and more.

- Research shows that high levels of EPA and DHA omega-3 fatty acids may:
  - Help reduce the risk of heart disease
  - Help retain healthy triglyceride levels
  - Help retain normal blood pressure
  - Support brain, visual, and joint function

- Over 4,500 research studies on omega-3 fatty acids' effects on overall health have been conducted in the last 25 years.
  - The average American intake of EPA and DHA is only 0.1 to 0.2 g/day, even though the American Heart Association recommends at least two fish meals per week to provide an intake of about 0.3 to 0.5 g/day of EPA and DHA.
  - Most American diets provide more than ten times as much omega-6 than omega-3 fatty acids, even though there is general scientific agreement that individuals should consume more omega-3 and less omega-6 fatty acids to promote good health. Research shows that high levels of omega-3 fatty acids promote cardiovascular health and help retain normal blood pressure and triglyceride levels.
- \*\* Supportive but not conclusive research shows that consumption of EPA and DHA fatty acids may reduce the risk of heart disease.

### **Here's the Shaklee Difference.....**

## **THE NEW STANDARD IN PURITY AND FULL-SPECTRUM POTENCY**

### **Purity**

- Ultra-pure, pharmaceutical-grade fish oil made with a proprietary triple molecular distillation process. Concentrates beneficial omega-3s while helping remove contaminants such as lead, arsenic, mercury, cadmium, dioxins, and PCBs
- Suppresses formation of dangerous trans fats for a healthier fish oil
- Minimizes odor and fishy aftertaste
- Uses no artificial colors, flavors, or preservatives

### **Potency**

- A full spectrum of seven naturally occurring omega-3 fatty acids including EPA, DHA, ALA, and more

– Contains higher levels of EPA and DHA than leading brands

If you find that you fall into one of these categories you may want to consider OmegaGuard

- Anyone who doesn't consume the recommended two servings of fish per week
- Anyone interested in promoting cardiovascular health
- Anyone who is concerned with maintaining healthy brain, visual, and joint functions

### **How does Omega-3 fatty acid work?**

Scientists don't have all the answers yet, but the evidence to date suggests that the omega-3 fatty acids such as EPA serve as building blocks for certain hormone-like substances that reduce the tendency for blood clotting and inflammation. Omega-3 acids also seem to affect triglyceride levels. EPA is an essential fatty acid found mainly in cold water fish. EPA is an omega-3 fatty acid, a marine lipid concentrate that may lower certain blood lipids. And it may also help blood flow more smoothly through the body by making it less likely to form clots.

Now here's a comment from someone you all know..."Scientific research continues to point to the countless health benefits of consuming more omega-3 fatty acids in your diet and I highly recommend OmegaGuard, with pharmaceutical grade fish oil – a product you can trust- every day!" Dr. Jamie McManus, M.D., FAAFP Shaklee Chairman of Medical Affairs, Health

### **Sciences and Education**

....and here's another piece of information ....EPA absorption into the bloodstream increased with consumption of larger amounts of Shaklee OmegaGuard.

### **To summarize**

Help reduce your risk of heart disease with OmegaGuard, the world's finest fish oil.

OmegaGuard utilizes ultrapure, pharmaceutical grade fish oil which provides a full spectrum of seven natural omega-3 fatty acids including EPA, DHA, ALA and others.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of OmegaGuard provides total fish oil of 1,200 milligrams omega-3 fatty acids. Take three softgels, one or two times daily.

\*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.



**Date Created**

March 3, 2014

**Author**

betsyjbell